

Radlett Memory Café

 Home Instead.

We're Recruiting Volunteers to help run our new Memory Café

What is a Memory Café?

Our Memory Café will be a comfortable, social gathering that allows people experiencing memory loss accompanied by a loved one or carer to connect, socialise, and build new support networks. The Café is free to attend.

Initially, the Café will run every two weeks, starting on July 2nd but we expect to move to a weekly frequency later in the year. The venue will alternate between Christ Church & Radlett Reform Synagogue.

Supporting carers is important. At the Memory Café they can share their experiences, give support to each other and hopefully make friends.

Volunteers will need to be:

- patient & empathetic with good communication skills
- willing to engage with those who live with dementia and those who accompany them
- available between 09:45am and 11:45 on alternate Tuesdays, starting on 2nd July
- happy to set-up the Café seating, prepare and serve refreshments and then clear-up after the session
- willing to learn about dementia and safeguarding
- committed to inclusion and treating people from all backgrounds with dignity
- able to use their own initiative and work without direct supervision
- Comfortable volunteering as part of a team

If you are interested in learning more, please call Nick on 01727 895941 Mon-Thu, or email: nick.harrall@stalbans.homeinstead.co.uk